

## **Job Title: Head of Rugby Conditioning**

**Location:** Sixways Stadium, Worcester, WR3 8ZE

**Department:** Rugby

**Reports to:** Head Coach

**Contract Type:** Permanent, Full-Time

### **About the Role:**

We are seeking an outstanding coach and team collaborator with expertise and passion for rugby physical preparation.

You will lead the strategy and delivery of rugby conditioning or fitness to enable players to thrive under the physical demands of Worcester Warriors rugby. Key responsibilities include working with the Head Coach to plan rugby training, delivering on-field physical development, overseeing end-stage return-to-play, and executing a collaborative physical development strategy alongside the Head Strength Coach.

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### **Requirements**

- A minimum of 2 years of successful experience delivering physical development programmes within a professional rugby setting.
  - Proficiency in using performance data to monitor and adapt team and player preparation. This includes the ability to communicate specific information to key stakeholders.
  - Experience of shaping performance environments to engage players towards key behaviours and goals.
  - A recognised qualification in strength and conditioning or a related field.
  - Applicants must have the right to work in the UK.
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### **Additional**

- You will have key responsibilities in gym-based and return-to-play coaching.
  - You'll work as part of a high-trust, performance-focused staff team.
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## To Apply

Submit a single PDF to [hello@warriors.co.uk](mailto:hello@warriors.co.uk) containing:

- A one-page CV.
- In no more than 200-words, describe how you have translated a tactical vision into a tailored rugby conditioning programme.

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**Application Deadline:** 25<sup>th</sup> May