

## **Placement Title: Physical Development Placement Student**

**Location:** Sixways Stadium, Worcester, WR3 8ZE

**Department:** Rugby

**Reports to:** Head of Strength and Conditioning

**Placement Type:** Placement Internship. Note that this placement is unpaid

**Hours:** 25 Hours each week, hours will vary depending on fixtures. Evening and weekend hours will be required

### **About the Role:**

The physical development placement will provide the applicant with the experience of being part of a multi-disciplinary team working towards enabling high performance in professional rugby. Their role will be critical in the facilitation and implementation of the program during the 2025/2026 season at Worcester Warriors.

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### **Requirements**

- Work in conjunction with the Head of Strength and Conditioning to facilitate all aspects of the physical performance program delivery.
  - Assist with on field data collection and processing.
  - Assist with physical testing and profiling.
  - Assist GPS data collection and presentation.
  - Assist with the GPS data collection and analysis of late-stage rehabilitation sessions for injured players.
  - Assist with nutritional support
  - Contribute positively to the team environment and culture.
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### **The Candidate will be**

- A student undertaking a sport or health related higher education degree.
  - Confident and approachable
  - Excellent verbal and written skills
  - Good communication skills with the ability to engage with a wide range of stakeholders
  - IT literate
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## You Can Expect

- Exciting opportunity to learn key, practical skills from an elite sports environment
  - Regular 1-1 meetings to discuss your progress, leanings and what you would like to develop
  - Worcester Warriors Staff Tickets
  - Worcester Warriors Staff Kit
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## To Apply

Submit a single PDF to [hello@warriors.co.uk](mailto:hello@warriors.co.uk) containing:

- A one-page CV.
  - In no more than 200 words explain why we should chose you for this Placement
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**Application Deadline:** 18<sup>th</sup> May 2025