

Medical Department Internship (Physiotherapy / Sports Therapy)

Department: Rugby

Location: Sixways Stadium, Worcester, WR3 8ZE

Reports to: Head of Medical Services / Head Physiotherapist

Contract: Full-Time Internship (Approx. 30 hours per week)

Duration: Now – June 2027 (2026/27 Championship Season)

Flexible start and finish dates will be considered for the right candidate.

Launch Your Career in Elite Rugby

Worcester Warriors are offering an outstanding opportunity for an ambitious graduate Physiotherapist or Sports Therapist to spend a season embedded within the medical department of our elite men's squad.

This internship is designed for graduates who are ready to accelerate their development in professional sport. Working alongside an experienced multidisciplinary medical team, you will gain extensive hands-on experience across player assessment, rehabilitation, injury prevention, return-to-play planning and match day medical support in a high-performance environment.

This is far more than a placement. It is an opportunity to develop the clinical skills, professional confidence and industry network that can shape your future career.

Many of our previous placement students have progressed into contracted roles within Worcester Warriors or secured positions across professional rugby and other elite sporting organisations. Don't take our word for it! - If you'd like to speak to last season's medical intern to hear their story, follow the application process to express your interest. We will organise an opportunity for you to put your questions across and hear their experiences first-hand.

What You'll Be Doing

As an integral member of the medical department, you will contribute to the day-to-day delivery of medical services for the first-team squad, including:

- Assisting with injury assessment and clinical management.
- Supporting rehabilitation and return-to-play programmes.
- Delivering injury prevention strategies.
- Assisting with player monitoring and physical screening.
- Providing pitch-side and training support.
- Supporting medical logistics on training and match days.
- Working collaboratively within an experienced multidisciplinary performance team.

Throughout the season you will be encouraged to take increasing ownership of your clinical practice while always working within appropriate supervision and governance.

Why Join Worcester Warriors?

Although this internship is unpaid, we are committed to ensuring the successful candidate leaves with significantly more experience, qualifications, professional contacts and career opportunities than they arrived with.

Exceptional Mentorship

You will work daily alongside highly experienced clinicians who are invested in your professional development.

You'll receive:

- Regular one-to-one mentoring
- Clinical supervision and feedback
- Support to develop independent clinical reasoning
- A psychologically safe environment to ask questions, challenge yourself and refine your skills

Our aim is to help you become the practitioner you aspire to be.

Elite Sport Experience

Experience professional rugby from the inside.

You'll become part of the medical team supporting an elite men's programme, gaining exposure to:

- Professional athletes
- High-performance medical practice
- Matchday operations
- Multidisciplinary decision making
- Return-to-play planning
- Professional standards expected within elite sport

Career Development

Our former interns have gone on to secure employment:

- Within Worcester Warriors
- Across professional rugby
- Men's and Women's Football
- Cricket
- University performance sport
- Private practice
- Other elite sporting environments

Successful interns will automatically be offered an interview should permanent medical vacancies arise within the club during or following their internship.

Professional Development (CPD)

Your learning won't stop after graduation.

You'll benefit from:

- Our structured in-house CPD programme
- Regular clinical teaching sessions
- Opportunities to attend external CPD events
- Exposure to guest speakers and experienced practitioners

RFU Immediate Care Qualification

The club will fully fund your choice of either:

- **RFU PHICIS Level 2, or**
- **RFU PHICIS Level 3**

This internationally recognised qualification equips clinicians with the confidence and credentials required for immediate care and pitch-side management at the highest level of rugby.

Build Your Professional Network

Working alongside players, coaches, clinicians and performance staff provides exceptional networking opportunities that can open doors throughout professional sport.

Additional Benefits

- Full Worcester Warriors staff kit allocation for the 2026/27 season.
- Minimum of **two complimentary tickets** for every home fixture.
- Breakfast, lunch and refreshments provided on site.
- References and professional endorsements for future employment.
- Extensive mentoring from senior clinicians.
- Structured personal development plan tailored to your career aspirations.

Flexibility Around Other Work

We recognise that many graduates will have additional employment or wish to pursue external opportunities alongside their internship.

Wherever operationally possible, we will work with you to develop a sustainable duty rota that accommodates existing work commitments while ensuring you gain meaningful experience throughout the season.

Person Specification

Essential

- Graduate Physiotherapist or Sports Therapist (or graduating before July 2026).
- Eligible to work in the UK.
- Full UK driving licence and access to transport (or ability to travel reliably to Sixways Stadium and away fixtures when required).
- Passion for elite sport and a commitment to continuous learning.
- Professional attitude with excellent communication and interpersonal skills.

Desirable

- Experience supporting team sport.
- Interest in professional rugby and high-performance medicine.

Who Should Apply?

This opportunity is ideal for graduates looking to bridge the gap between university and a career in elite sport.

If you're motivated, curious, hard-working and excited by the opportunity to learn from experienced clinicians within a professional rugby environment, we'd love to hear from you.

How to Apply

Please submit a single PDF to jamie.hamment@warriors.co.uk containing:

- A one-page CV.
- A cover letter (approximately 200 words) outlining why you would like to join Worcester Warriors and what you hope to gain from the internship.

Application Deadline

There is no formal closing date. We are looking for the right person and will appoint when we find them. Early applications are therefore strongly encouraged due to the expected volume of interest.